Present: Marsha Melnik (chair/recorder), Claire Hardie, Pauline Walsh, John Hardie (liaison)

Regrets: Niloofer Irani

1. a) Feb minutes accepted. b) Agenda accepted with items added under other business.

#### 2. Communications to and from the Board:

Some Board members are still concerned about what can be done to assist those individual residents who seem to have some dementia issues. The Committee again discussed that there are privacy and confidentiality issues involved. John is researching possible liability issues for the condominium. It is still felt that any action can only be taken by an individual.

### 3. Refresher presentation from the Fire Department:

- Pauline

Pauline has still not received a response, but we may be able to go ahead under the BASSIC program - see #5 below.

## 4. Sidewalk/De-icing Clearing

- John

John reported that the superintendents do ice the sidewalks. We have a company (Park Place Grounds Maintenance Inc.) that clears the sidewalk of snow after a 3 inch (sometimes 1 inch) snowfall. It was agreed to keep an eye on the situation during exceptional circumstances (eg. ice storms).

# 5. <u>List of Possible Seniors Workshops:</u>

Seniors (Public Health) Falls Prevention

**Healthy Eating** 

Cancer Diabetes

**Physical Activity** 

BASSIC Pedestrian Safety

Fire Safety ---! (see #3 above)

It's Your Money

Federal Government Benefits and Pensions

Silver Circle Services

Other Identity Theft (Marsha)

Osteoporosis – Speaking of Bones (PH link)

Heart and Stroke (PH link)

Alzheimer – reduce risk (PH link)

Legal Matters – Sean Cumming??? - Marsha to check

MedVisit

After discussion it was decided to try to schedule the following:

1) Presentation by Silver Circle on the services they provide

- Claire

- for Thursday March 26 at 2:00 (alternate date: April 2)

- we will invite residents from 80 and 100 Quebec

- Pauline/Marsha

- Posters — Version 1: in mailboxes for our residents

- Claire

-Version 2: for 80/100 to be posted and RSVP to Isan

2) Public Health for Falls Prevention and Healthy Eating

- Marsha

3) Fire Safety

- Claire

# 6. Other Business:

- a. John requested input from the Committee for the monthly "What's Happening?" Communique Marsha
- b. Marsha brought up the security problem with the Lobby Entrance mechanism. Some residents do not receive the Lobby Channel (998) on their TV. This may result in strangers being let into the building since these residents have no way of knowing who is buzzing them. Marsha will speak to Isan and Fern.

- Marsha

Next Meeting: Wed April 19 at 11:00 am in the Meeting Room